

Place	Number	Name	Surname	Sex	Cat	Club	Swim	T1	Cycle	T2	Run	Finish
1	89	John	Greaney	M	30-39	Hurt Locker	0:21:13	0:00:39	1:07:39	0:00:18	0:35:12	2:05:01
2	149	Rob	Lennon	M	30-39	Galway Tri Club	0:22:36	0:00:38	1:08:06	0:00:22	0:36:04	2:07:46
3	170	Tomas	O Dowd	M	30-39		0:22:12	0:00:31	1:06:11	0:00:20	0:38:43	2:07:57
4	15	Arthur	Beades	M	30-39	Galway Tri Club	0:20:17	0:00:51	1:06:41	0:00:28	0:42:08	2:10:27
5	53	Diarmaid	Lane	M	30-39	Limerick TC	0:22:39	0:00:50	1:08:56	0:00:25	0:40:24	2:13:13
6	39	Daragh	Molloy	M	30-39		0:22:32	0:00:51	1:09:23	0:00:27	0:41:35	2:14:49
7	16	Arthur	Naughton	M	30-39	Galway Tri Club	0:22:08	0:00:55	1:13:15	0:00:29	0:38:50	2:15:37
8	120	Michael	Barry	M	30-39	Piranha TC	0:25:12	0:01:23	1:07:53	0:01:15	0:40:28	2:16:11
9	37	Damien	Mc connell	M	40-49		0:25:42	0:00:52	1:11:33	0:00:26	0:40:29	2:19:02
10	150	Robert	Whyte	M	40-49		0:25:00	0:01:10	1:13:37	0:00:41	0:39:59	2:20:27
11	40	Darragh	Mc Shane	M	40-49		0:24:16	0:01:04	1:14:43	0:00:44	0:40:16	2:21:04
12	181	Michael	Hession	M	40-49	Galway Tri Club	0:24:54	0:01:22	1:14:13	0:00:39	0:40:29	2:21:37
13	143	Peter	Blissett	M	30-39	Cork TC	0:22:36	0:00:45	1:14:56	0:00:38	0:42:48	2:21:43
14	137	Paul	Daly	M	30-39		0:23:18	0:01:17	1:18:20	0:00:54	0:37:58	2:21:46
15	44	David	Keaney	M	40-49	Galway Tri Club	0:24:52	0:01:53	1:15:26	0:00:49	0:39:51	2:22:50
16	100	Kevin	Synott	M	40-49	Ennis Tri Club	0:22:47	0:01:34	1:14:46	0:01:04	0:42:58	2:23:11
17	144	Peter	Duggan	M	30-39	Galway Tri Club	0:25:49	0:00:50	1:15:46	0:00:36	0:40:30	2:23:31
18	152	Rory	Howard	M	40-49	Ennis Tri Club	0:28:53	0:01:35	1:08:31	0:00:51	0:44:04	2:23:53
19	18	Benoit	Houeix	M	40-49	Galway Tri Club	0:22:13	0:01:13	1:16:04	0:00:52	0:44:09	2:24:30
20	124	Morgan	Mc Hugh	M	40-49	Galway Tri Club	0:25:25	0:00:47	1:13:11	0:00:26	0:44:50	2:24:39
21	155	Rynal	Browne	M	40-49	Galway Tri Club	0:23:30	0:01:29	1:15:10	0:00:29	0:44:02	2:24:40
22	21	Brendan	Mc Nerney	M	30-39	Galway Tri Club	0:31:38	0:01:16	1:13:32	0:00:47	0:38:26	2:25:38
23	161	Stephen	Heary	M	30-39	Piranha TC	0:24:19	0:02:01	1:16:40	0:01:15	0:42:12	2:26:26
24	4	Aidan	O'Rourke	M	40-49		0:22:42	0:01:49	1:16:33	0:01:05	0:44:39	2:26:49
25	2	Adrian	Farrelly	M	30-39	Athlone TC	0:22:49	0:01:10	1:16:50	0:00:49	0:46:04	2:27:42
26	80	Jim	McCale	M	40-49	Ennis Tri Club	0:25:55	0:01:40	1:13:24	0:01:04	0:46:02	2:28:04
27	38	Damien	Killane	M	40-49		0:25:21	0:01:42	1:17:04	0:00:43	0:43:30	2:28:20
28	158	Seamus	Duggan	M	40-49	Nenagh TC	0:28:50	0:01:32	1:17:29	0:00:54	0:39:40	2:28:25
29	82	John	Waters	M	40-49	Galway Tri Club	0:26:05	0:01:37	1:14:24	0:00:50	0:45:38	2:28:35
30	84	John	O' Donnell	M	40-49	Pulse TC	0:26:02	0:02:02	1:19:16	0:00:45	0:40:33	2:28:37
31	64	Garret	Doyle	M	30-39		0:25:37	0:01:52	1:16:42	0:01:12	0:43:21	2:28:43
32	117	Michael	Mulcahy	M	40-49	Blackwater TC	0:28:43	0:01:36	1:15:17	0:00:50	0:43:28	2:29:53
33	17	Bart	Kindlon	M	30-39		0:23:47	0:02:13	1:16:51	0:00:59	0:46:36	2:30:27
34	198	Team	Read/Gorman/O'Driscoll	Relay	Relay		0:22:09	0:00:27	1:26:07	0:00:16	0:42:07	2:31:06
35	96	Keith	Galbraith	M	30-39	Trilogy Triathlon Club	0:25:41	0:01:57	1:18:03	0:00:56	0:44:44	2:31:21
36	180	Andrew	Connaire	M	30-39	Galway Tri Club	0:25:57	0:01:30	1:20:38	0:00:53	0:43:25	2:32:22
37	115	Mary	Corless	F	30-39	Galway Tri Club	0:22:20	0:00:47	1:23:38	0:00:44	0:44:57	2:32:25
38	13	Aoibhe	Reidy	F	40-49		0:23:24	0:01:47	1:21:32	0:00:48	0:45:22	2:32:53
39	99	Kevin	McDonagh	M	30-39		0:28:46	0:01:46	1:17:27	0:01:01	0:43:56	2:32:56
40	129	Pat	Burke	M	Over50	Galway Tri Club	0:23:55	0:01:18	1:22:11	0:00:43	0:44:52	2:32:59
41	1	Adam	Blaiklock	M	30-39	Blackwater TC	0:26:06	0:02:29	1:17:26	0:01:40	0:46:08	2:33:49
42	102	Laoise	Griffin	F	40-49		0:22:17	0:01:16	1:24:27	0:00:48	0:45:08	2:33:57
43	62	Fergal	O'Driscoll	M	40-49		0:22:19	0:01:48	1:24:43	0:00:44	0:44:40	2:34:14
44	126	Neasa	Canavan	F	30-39	Tri Lakes TC	0:28:49	0:01:13	1:19:53	0:00:42	0:43:44	2:34:21
45	138	Paul	Waldron	M	30-39		0:22:50	0:01:40	1:23:55	0:01:06	0:45:00	2:34:30
46	118	Michael	Donoghue	M	40-49	Athlone TC	0:26:16	0:01:54	1:14:07	0:01:36	0:50:50	2:34:44
47	34	Colm	Carty	M	30-39		0:26:01	0:02:39	1:19:00	0:01:59	0:45:56	2:35:34
48	166	Thibault	Jacquemin	M	20-29		0:25:43	0:02:33	1:27:29	0:01:18	0:38:35	2:35:38
49	90	Johnny	Madden	M	30-39	Galway Tri Club	0:24:13	0:01:46	1:20:59	0:01:10	0:47:57	2:36:04
50	142	Peter	McCarthy	M	40-49	Ennis Tri Club	0:25:53	0:01:08	1:21:03	0:01:01	0:47:07	2:36:12
51	135	Paul	Murphy	M	30-39	Wicklow TC	0:27:42	0:02:49	1:20:33	0:01:17	0:43:51	2:36:12
52	119	Michael	Collins	M	40-49	Ennis Tri Club	0:25:15	0:01:14	1:21:14	0:01:01	0:47:41	2:36:24
53	104	Liam	Walsh	M	30-39	Galway Tri Club	0:28:00	0:02:06	1:20:50	0:01:20	0:44:28	2:36:45
54	30	Chris	Hackett	M	30-39	Ennis Tri Club	0:27:37	0:01:17	1:20:45	0:00:59	0:46:18	2:36:55
55	92	Jonathan	Nestor	M	30-39		0:22:52	0:01:48	1:21:48	0:01:18	0:49:44	2:37:30
56	46	Declan	Kearney	M	30-39		0:24:57	0:02:19	1:21:50	0:01:22	0:47:11	2:37:39
57	24	Brian	Travers	M	30-39	Galway Tri Club	0:24:01	0:01:55	1:21:29	0:00:53	0:49:47	2:38:05
58	45	Declan	Davoren	M	40-49		0:19:02	0:02:04	1:31:08	0:01:27	0:45:40	2:39:20
59	164	Sue	Redmond	F	30-39	Galway Tri Club	0:27:22	0:00:53	1:23:20	0:00:45	0:47:10	2:39:30
60	157	Seamus	O'keeffe	M	Over50		0:29:08	0:01:55	1:20:13	0:01:18	0:47:00	2:39:33
61	41	David	Kelly	M	40-49		0:26:11	0:02:57	1:25:36	0:01:20	0:43:56	2:40:00
62	106	Louise	Cuddihy	F	30-39		0:28:40	0:01:49	1:25:50	0:01:00	0:43:34	2:40:53
63	88	John	Waldron	M	20-29		0:28:01	0:02:19	1:24:22	0:01:02	0:45:47	2:41:31
64	79	Jim	Vaughan	M	Over50	Galway Tri Club	0:27:20	0:01:22	1:20:57	0:00:49	0:51:19	2:41:47
65	151	Roisin	Doran	F	40-49	Limerick TC	0:27:28	0:02:04	1:26:23	0:00:55	0:45:19	2:42:10
66	182	Ronan	McHugh	M	Over50	Ennis Tri Club	0:22:25	0:01:55	1:26:53	0:01:24	0:49:36	2:42:13
67	6	Aiden	Bohannon	M	40-49	Ennis Tri Club	0:30:08	0:03:06	1:21:38	0:01:50	0:45:36	2:42:18
68	107	Louise	Geoghegan	F	30-39	Galway Tri Club	0:28:08	0:01:35	1:25:25	0:01:15	0:46:23	2:42:47
69	7	Alan	Tuffy	M	20-29	Westport TC	0:28:19	0:01:31	1:23:47	0:01:16	0:48:03	2:42:57
70	128	Paraic	Raftery	M	30-39	Galway Tri Club	0:30:59	0:02:06	1:25:48	0:01:35	0:42:39	2:43:07
71	177	Laurena	Holleran	F	30-39	Galway Tri Club	0:25:40	0:01:12	1:24:14	0:00:40	0:51:27	2:43:13
72	72	Jack	Clarke	M	20-29		0:22:10	0:02:52	1:33:12	0:00:47	0:44:50	2:43:51
73	122	Mick	Rooney	M	Over50	Ennis Tri Club	0:23:39	0:01:27	1:25:59	0:00:39	0:52:12	2:43:56

74	86	John	Kilrairie	M	40-49	Predator TC	0:25:14	0:01:47	1:28:03	0:01:40	0:47:27	2:44:11
75	85	John	Flynn	M	40-49	Tralee TC	0:32:04	0:02:40	1:23:01	0:01:24	0:45:18	2:44:26
76	60	Eoin	O'Neill	M	40-49		0:24:50	0:03:18	1:22:27	0:01:02	0:52:55	2:44:32
77	172	Trish	Streliaof	F	40-49	Galway Tri Club	0:25:23	0:01:46	1:22:29	0:01:17	0:53:58	2:44:53
78	20	Brendan	Naughton	M	Over50	Limerick TC	0:29:54	0:02:09	1:26:30	0:01:52	0:44:43	2:45:08
79	162	Stephen	Brady	M	Over50		0:25:56	0:02:41	1:28:31	0:01:19	0:47:24	2:45:50
80	35	Con	O'regan	M	Over50		0:28:38	0:02:21	1:21:19	0:01:18	0:52:23	2:46:00
81	103	Laura	Fay	F	40-49		0:29:18	0:02:24	1:23:31	0:01:09	0:49:44	2:46:06
82	43	David	Connolly	M	30-39		0:31:07	0:01:51	1:26:50	0:01:23	0:45:22	2:46:34
83	114	Brian	McCarthy	M	30-39	Ennis Tri Club	0:30:04	0:01:15	1:20:18	0:01:05	0:54:12	2:46:53
84	77	James	Rohan	M	Over50	Galway Tri Club	0:28:06	0:02:38	1:29:35	0:01:24	0:45:35	2:47:19
85	178	Bernard	McDermott	M	30-39	Galway Tri Club	0:31:46	0:01:17	1:21:35	0:01:41	0:51:23	2:47:40
86	125	Nathan	Moran	M	20-29	Predator TC	0:26:07	0:01:23	1:28:06	0:01:06	0:52:26	2:49:08
87	9	Alphonsus	Heneghan	M	40-49		0:26:55	0:03:41	1:28:18	0:01:22	0:48:52	2:49:08
88	160	Siobhan	Ryan	F	30-39		0:25:29	0:02:38	1:31:30	0:01:28	0:48:16	2:49:21
89	65	Garrett	Mackey	M	40-49		0:25:59	0:02:27	1:33:52	0:01:16	0:45:58	2:49:32
90	139	Paula	Prendergast	F	30-39		0:29:21	0:02:25	1:30:00	0:01:34	0:46:34	2:49:53
91	121	Michelle	Manning	F	30-39	Cork TC	0:27:40	0:02:11	1:28:47	0:01:11	0:50:11	2:49:59
92	98	Kevin	Redmond	M	30-39		0:27:24	0:01:45	1:26:38	0:02:03	0:52:32	2:50:21
93	169	Tomas	Lynn	M	30-39				1:51:00			2:50:55
94	32	Clive	Reilly	M	20-29		0:26:52	0:02:37	1:38:00	0:01:30	0:42:06	2:51:04
95	136	Paul	Daly	M	40-49	Predator TC	0:24:24	0:01:30	1:31:44	0:01:11	0:52:55	2:51:44
96	111	Marie	Lynch	F	30-39	Ennis Tri Club	0:27:07	0:02:52	1:30:49	0:01:25	0:49:31	2:51:46
97	134	Patrick	Foley	M	Over50		0:27:51	0:01:10	1:28:33	0:00:37	0:54:45	2:52:56
98	146	Pj	Aherne	M	20-29	South Coast TC	0:29:41	0:03:22	1:24:25	0:02:17	0:53:26	2:53:11
99	59	Eimear	Griffin	F	30-39	Athlone TC	0:27:58	0:02:49	1:29:47	0:01:24	0:51:20	2:53:18
100	141	Pedro	Vizcaya	M	Over50		0:29:16	0:02:27	1:27:32	0:01:21	0:52:47	2:53:22
101	31	CLAIRE	REYNOLDS	F	40-49	Belpark TC	0:26:44					2:54:30
102	112	Mark	Gantly	M	30-39		0:26:56	0:02:05	1:25:39	0:00:54	0:59:13	2:54:46
103	27	Carmel	Coyne	F	40-49	Galway Tri Club	0:30:24	0:02:25	1:35:25	0:01:10	0:46:12	2:55:35
104	75	James	Sheehan	M	40-49		0:32:49	0:03:32	1:33:30	0:01:05	0:44:51	2:55:47
105	97	Keith	curley	M	30-39		0:28:17	0:01:34	1:26:53	0:01:11	0:58:14	2:56:09
106	14	Aoife	Nash	F	30-39	Ennis Tri Club	0:28:35	0:01:50	1:31:40	0:01:16	0:53:33	2:56:54
107	110	Marie	Mcmullan	F	30-39	Galway Tri Club	0:29:07	0:02:17			2:25:40	2:57:05
108	25	Brighid	Liston	F	30-39	Blackwater TC	0:32:17				2:25:03	2:57:19
109	8	Alison	Rooney	F	Over50	Ennis Tri Club	0:25:24	0:01:17	1:34:44	0:01:10	0:55:19	2:57:54
110	176	David	O'Donnell	M	30-39	Galway Tri Club	0:29:30	0:02:46	1:30:29	0:01:40	0:54:22	2:58:47
111	36	Damien	Mannion	M	30-39	Tri Lakes TC	0:31:14	0:03:00	1:33:43	0:01:14	0:49:40	2:58:52
112	113	Mark	Johnson	M	40-49	Ennis Tri Club	0:29:56	0:02:04	1:34:34	0:01:26	0:51:05	2:59:05
113	26	Carmel	Hughes	F	40-49	Athlone TC						2:59:40
114	130	Pat	Hogan	M	Over50	Ennis Tri Club	0:32:43	0:04:42	1:28:08	0:02:10	0:52:10	2:59:53
115	200	Team	Daly/Fennell/O'Donnell	Relay	Relay	Galway Tri Club	0:27:29	0:00:53	1:41:25	0:00:24	0:50:10	3:00:21
116	154	Ruth	Staunton	F	40-49	Galway Tri Club	0:27:55	0:01:59	1:35:45	0:00:57	0:54:59	3:01:35
117	109	Margaret	Glavin	F	30-39	Galway Tri Club	0:30:38	0:02:35	1:37:38	0:01:06	0:50:14	3:02:12
118	42	David	Carty	M	40-49		0:27:26	0:02:30	1:34:24	0:01:26	0:56:58	3:02:43
119	173	William	Waldron	M	Over50		0:30:23	0:02:41	1:30:45	0:01:25	0:57:40	3:02:54
120	71	Jack	Ryan	M	40-49		0:29:39	0:04:26	1:29:11	0:02:00	0:58:33	3:03:48
121	70	Ian	Bourke	M	40-49		0:30:48	0:02:09	1:36:01	0:01:35	0:53:14	3:03:48
122	168	Tom	Gleeson	M	40-49	Ennis Tri Club	0:34:52	0:03:09	1:33:33	0:02:15	0:51:08	3:04:58
123	167	Thomas	Farrelly	M	40-49		0:26:59	0:03:52	1:34:49	0:01:09	0:58:48	3:05:38
124	47	Dee	Hynes	F	30-39	Ennis Tri Club	0:27:45	0:02:54	1:29:26	0:01:26	1:05:45	3:07:16
125	87	John	Ryan	M	Over50		0:28:04	0:02:44	1:33:16	0:01:26	1:01:49	3:07:18
126	12	Antoinette	Johnson	F	30-39	Ennis Tri Club	0:30:02	0:01:39	1:38:44	0:01:16	0:56:21	3:08:01
127	74	James	Finnegan	M	40-49		0:26:25	0:03:32	1:33:08	0:01:45	1:03:18	3:08:09
128	50	Dermot	Bergin	M	40-49		0:35:00	0:04:20	1:42:04	0:00:34	0:46:23	3:08:20
129	83	John	Halpin	M	20-29		0:28:24	0:02:26	1:25:20	0:00:46	1:12:04	3:09:00
130	148	Richie	O'Brien	M	40-49		0:39:46	0:01:56	1:28:21	0:01:09	0:58:05	3:09:17
131	140	Pauline	Murray	F	40-49	Galway Tri Club	0:26:28	0:01:59	1:42:32	0:02:10	0:56:10	3:09:20
132	3	Adrian	Kelly	M	40-49	Ennis Tri Club	0:41:08	0:04:20	1:26:00	0:02:01	0:56:01	3:09:31
133	95	Kate	Corcoran	F	30-39	Galway Tri Club	0:27:33	0:02:20	1:37:06	0:01:04	1:03:06	3:11:09
134	174	Yvonne	Sheehan	F	40-49		0:32:30	0:03:30	1:43:51	0:01:16	0:51:05	3:12:11
135	179	Karina	Murray	F	30-39	3Dtri	0:32:54	0:02:46	1:40:11	0:02:09	0:55:51	3:13:51
136	108	Lynne	O'loughlin	F	40-49	Galway Tri Club	0:27:05	0:02:20	1:50:56	0:00:58	0:55:24	3:16:42
137	101	Kevina	Divilly	F	30-39	Tri Lakes TC	0:29:29	0:05:32	1:38:16	0:01:33	1:02:46	3:17:36
138	33	Clodagh	Foley	F	40-49	Tri Lakes TC						3:20:10
139	175	Tim	O'Brien	M	Over50	Waterford TC	0:41:02	0:03:48	1:38:14	0:01:11	0:57:12	3:21:26
140	105	Lorraine	Stenson	F	30-39	Galway Tri Club	0:28:07	0:01:38	1:48:14	0:01:19	1:02:31	3:21:48
141	81	Joe	Hendron	M	Over50	TUNA TC	0:28:35	0:04:41	1:46:09	0:04:43	0:58:46	3:22:54
142	10	Amie	Hanley	F	30-39		0:33:49	0:02:02	1:55:22	0:01:11	0:51:03	3:23:27
143	78	Jennifer	Baranyai	F	30-39	Tri Lakes TC	0:32:13	0:02:48	1:46:25	0:01:10	1:01:57	3:24:33
144	116	Michael	Hanley	M	40-49		0:28:13	0:02:56	2:01:36	0:00:45	1:03:05	3:26:36
145	11	Anna	Ryan	F	40-49		0:35:31	0:02:00	1:55:25	0:00:36	1:05:47	3:39:18
146	54	Diarmaid	Cahill	M	40-49		0:38:06	0:05:25	1:44:53	0:01:48	1:21:45	3:51:56
147	68	Gitta	Cahill	F	Over50		0:33:03	0:04:12	1:57:55	0:02:30	1:28:56	4:06:35

	19	Brenda	Breathnach	F	40-49	Ennis Tri Club	0:27:54	0:03:04	2:04:26			DNF
	29	Celia	Davin	F	40-49		0:19:40	0:01:30	1:18:34	0:00:46		DNF
	51	Dermot	Staunton	M	40-49		0:22:29	0:01:45	1:54:44			DNF
	61	Evan	Ryan	M	30-39		0:21:02	0:00:24				DNF
	67	Gerard	Noone	M	40-49		0:38:16	0:03:42				DNF
	132	Patrick	Finan	M	40-49		0:27:12	0:05:40	1:23:55	0:03:17		DNF
	145	Petrina	Mitchell	F	40-49		0:29:34	0:02:46	1:32:01	0:01:26		DNF
	165	Therese	Murray	F	40-49		0:25:32	0:01:08	1:21:58	0:01:04	0:24:59	DNF
	94	Karen	Reynolds	F	40-49	Athlone TC						DNF
	123	Maira	Gunn	F	Over50							DNF